## **FEBRUARY** is **Psychology Month**



## ~ Psychology Month Activities ~

## <u>Noon Hour Presentations 12 to 1</u> <u>Stelco Amphitheatre, Fontbonne F137</u>

Thursday February 7: Psychology Resident Research Showcase: Part I featuring Jennifer Trew, Amrita Ghai, Sabrina Demetrioff

Thursday February 14: Mindfulness Meditation: The Benefits of Paying Attention to the Present Moment by Dr. Brenda Key

Thursday February 21: Psychology Resident Research Showcase: Part II featuring Elena Ballantyne, Kathryn Byars, Corrie Goldfinger

Thursday February 28: Crossing Paths: Treating the Comorbidity of Mood, Anxiety, & Substance Use Disorders by Dr. Irena Milosevic & Susan Chudzik-Sipos